

VICTIMS OF DOMESTIC ABUSE YOU ARE NOT ALONE

We are acutely aware coronavirus will have a serious impact on women, children and men who already face domestic abuse in their homes.

Fears over jobs, financial pressure, school closures, working from home and all the other current changes to our day to day lives are likely to result in an increase in domestic abuse.

We do not want you to suffer in silence. As the situation changes daily, we want to ensure you feel you have someone there who can help.

If you are in immediate danger you should call 999 or call police on 101. There are many charities who can offer you support and guidance.

Leeway: 0300 561 0077

Daisy Programme: 01953 880903

Pandora: www.pandoraproject.org.uk/

Norfolk and Suffolk Victim Care: 0300 303 3706

The Harbour Centre: 01603 276381 (24/7)

Women's Aid: 0808 2000 247 (24/7)

Refuge: 0808 2000 247

GALOP (LGBT+ Anti-violence charity): 0800 999 5428

Mankind Initiative (Male Victims): 01823 334244

Men's Advice Line (Male Victims): 0808 801 0327

Respect: 020 3559 6650

(working with abusers to change their behaviour and male victims of domestic abuse)

If you're a young person and domestic abuse is taking place in your home or relationship, call **Childline on 0800 1111**.

For more advice and support
visit norfolk.police.uk



NORFOLK
CONSTABULARY
Our Priority is You